Summarizing the Evidence on High School Technical Education

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Boston College
Institute for Research on Poverty
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Summary

- High Quality Evidence is accumulating suggesting that CTE in high school can smooth the transition to college & the workforce,
- In this brief presentation:
 - Report on growing evidence
 - What do we know and with what degree of confidence do we know it?
 - Where was the evidence generated?
 - Comment on policy constraints What more do we need to know?
- As policy emphasis on updating and spending on CTE has increased, figuring out:
 - what to offer,
 - where,
 - to whom, &
 - under what conditions

How & where is high school CTE delivered?

	Whole School Model	Regional Centers	Comprehensive HS
Curricular Alignment	X		
Equipment Centralization	X	X	
Cost Smoothing	X	X	
Shared Teaching Staff	X	X	
Work-based learning	X	X	X
Employer Partnerships	X	X	X
College Partners	X	X	X
Universal Access			X
Market Share (NCES)	3-5%	~60%	~35%

Note: Career Academies often are situated in comprehensive high schools and have been growing in number Linked Learning is another model that has been growing outside of California

Impacts on high school outcomes

- Better graduation outcomes
 - Bonilla, 2020; Brunner et al., 2021; Dougherty, 2018; Hemelt et al., 2019 *Kemple et al. (2023) shows equivalent outcomes in NYC;
 Gottfried & Plasman (2018); Rosen (2023)
 - More recent evidence on the role of industry credentials in supporting graduation among those already off track (Glennie et al. 2024)
- Improved or equivalent learning outcomes (test scores)
 - Brunner et al., 2021; Dougherty, 2018; Hemelt et al., 2019
- Higher attendance levels, especially in pivotal grade 9
 - Brunner et al., 2021; Dougherty, 2018; Kistler et al. 2024
- Large + impacts for students with disabilities for graduation
 - Dougherty et al., 2018; Brunner et al., 2024

Workforce outcome impacts are largely positive

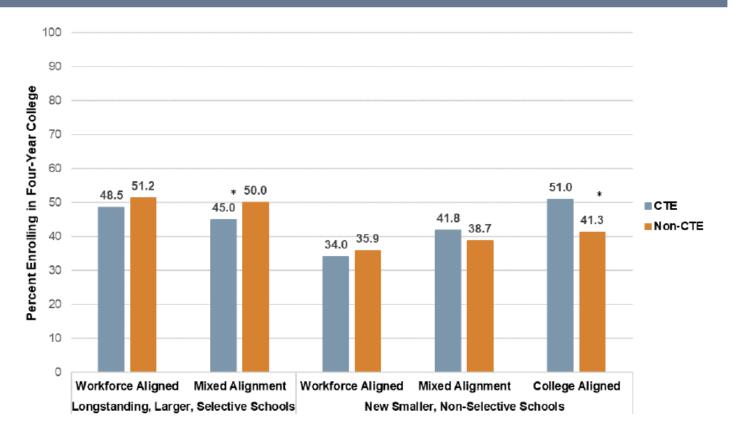
- Clear theory of change to support workforce outcomes. Evidence has long aligned w/ theory
 - Bishop & Mane, 2004; Kemple & Willner, 2008; Kreisman & Stange, 2020; Page, 2012
- Recent evidence that supports causal interpretation reinforces these conclusions & adds nuance
 - Brunner et al. (2023) find very large impact (30% increase in earnings by age 23), but only for boys
 - Brunner et al. (2022) highlights that much of the gendered differences in impact are explained by industry sorting
 - Within-industry returns are comparable across genders
 - Most of the average difference in earnings by gender is explained by gender patterns in enrollment
 - Ecton & Dougherty (2023) returns differ substantially by program cluster & student characteristic
 - Brunner et al. (2024) show especially large impacts for students with disabilities

College going impacts are ambiguous, perhaps predictably

- Aggregate evidence is equivocal
 - Often, on average, no difference or negative impact for high school CTE participants
 - Most postsecondary CTE research is set in Comm. Colleges and doesn't observe transition
- Expanding evidence that likelihood of college enrollment is connected to program of study in high school
 - Hemelt et al. (2019) IT-focused academy in high-performing setting
 - Ecton & Dougherty (2023) statewide averages in Massachusetts
 - Edmunds et al. (2024) North Carolina dual enrollment
 - Kemple et al. (2023) NYC CTE dedicated schools
 - Dixon & Rosen (2022) PTECH model in NYC dual enrollment
 - All builds on work from Cellini (2006) on tech prep

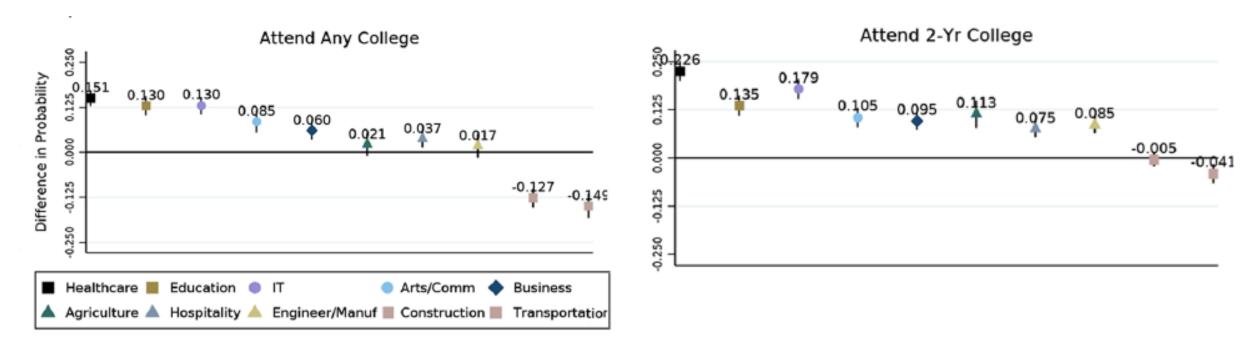
Impacts on college depend on aligned occupational needs

Figure 6: CTE Impacts on Enrollment in Four-Year Colleges, by High School Subgroup



Source: https://steinhardt.nyu.edu/research-alliance/research/nyc-laboratory-learning-about-career-and-technical-education

College going differs by CTE cluster in Massachusetts



Source: Ecton, W. G., & Dougherty, S. M. (2023). Heterogeneity in high school career and technical education outcomes. *Educational Evaluation and Policy Analysis*, 45(1), 157-181.

Growth in evidence for innovative delivery models

- Career academies have been growing and show some evidence of benefit in high school (Hemelt et al 2019; Kistler et al. 2024)
- 9-14 models have proliferated and show promising evidence for high school and workforce outcomes (Edmunds et al. 2024; Rosen et al. 2024)
- Uses and benefits of industry certificates and credentials in high school is mixed (Giani 2023; Glennie et al. 2024)

Variation in impacts by student & school context matter

- Evidence from Connecticut, Massachusetts, and Washington show clear benefits for students with disabilities similar to impacts for all students.
 - (Brunner et al. 2025; Dougherty et al. 2018; Theobald et al. 2019)
- Impacts differ by gender,
 - Some of difference can be explained by the composition of programs and the short-term returns from those programs (e.g. construction versus early childhood education & care)
 - Brunner et al. 2024; Ecton & Dougherty 2023
- Capital-intensive models can be cost effective
 - Evidence in MA and CT demonstrate that even more costly models of delivery can deliver impacts that at least offset public costs (Dougherty & Smith 2024)

Staffing qualifications & challenges must be considered

- Chen et al. (2022) find that students having a CTE teacher who scored higher on their subject-specific certification exam had higher earnings, though this did not hold for teacher certification exams in writing
- Theobald et al. (2023) showed better non-test outcomes for students with disabilities who had teachers with more industry experience
- Kistler et al. (2024) showed that CTE teacher turnover is similar to shortage areas like STEM and Spec. Ed and that teacher loss can result in fewer learning opportunities.

Evidence needs & policy challenges

- Still know too little about efficacy in settings where most students get CTE
- Nuanced evidence on registered apprenticeships, college certificate & degree completion is needed
- Policy efforts should emphasize:
 - Cost effectiveness
 - Thoughtful use of resources across K12 and postsecondary and adult settings
 - Recruiting and flexibly staffing high-demand teaching areas
- Scale effective offerings while managing costs, access, & personnel
- Structure programs and partnerships to engage employers and connect youth with meaningful work-based learning and professional exposure
 - Ensure dynamic alignment with evolving workforce needs
 - Allow for the exploration of a variety of pathways

Conclusion

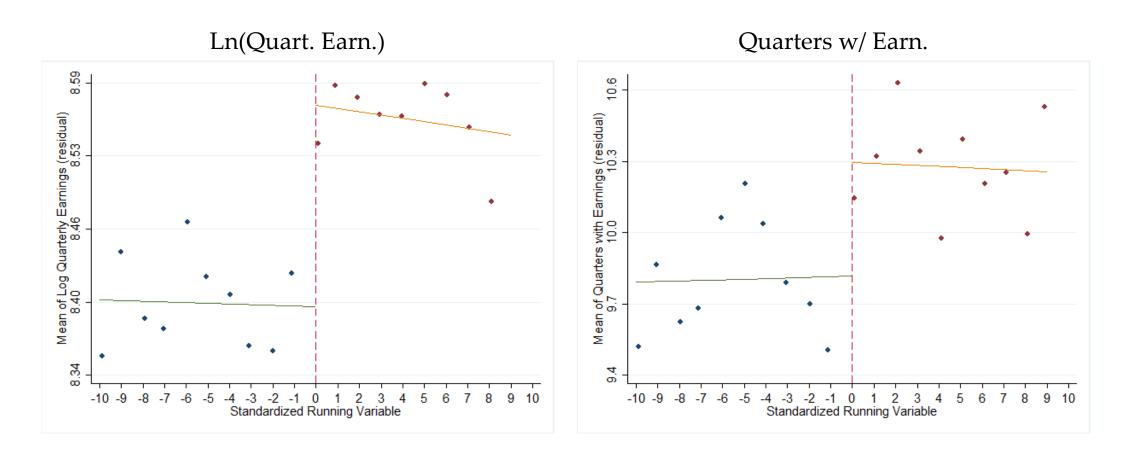
- Expansion of focus on multiple pathways to adulthood should be a net positive for education & workforce policy
- Ensuring success will mean attention & coordination of elements known to positively contribute to skill & interest development
- Thank you

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Male Workforce outcomes: Conn. Technical High Schools



 More quarters worked, total and average quarterly earnings about 30% higher (Brunner et al. 2021)

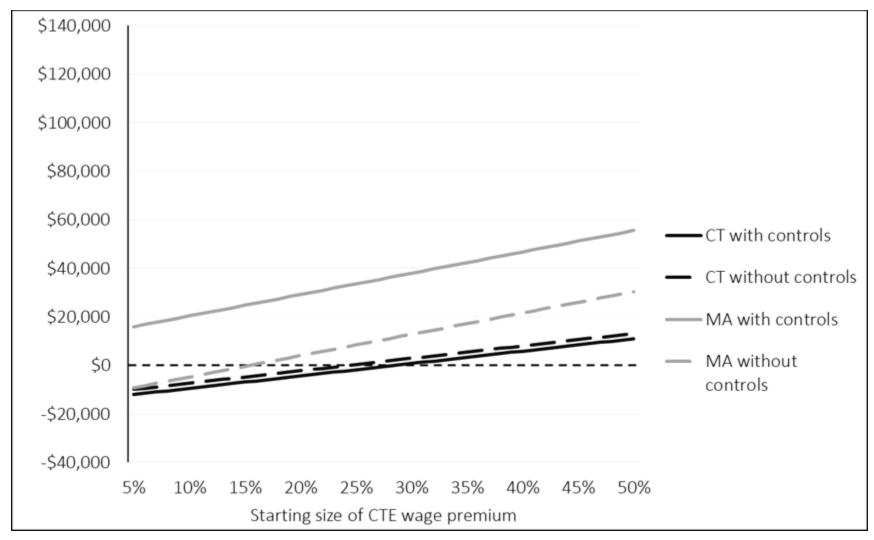
CTE is also more expensive, on average

Table A4: Future value of additional per pupil expenditure for CTE

	Interest rate				
	0.02	0.03	0.04	0.05	
With controls	•	•	•		
Connecticut	40,185	64,187	102,061	161,565	
New Jersey	54,614	87,233	138,705	219,573	
Massachusetts	31,130	49,723	79,063	125,158	
Pennsylvania	(7,505)	(11,987)	(19,060)	(30,172)	
Delaware	77,615	123,973	197,124	312,051	
Without controls					
Connecticut	38,062	60,795	96,668	153,028	
New Jersey	71,239	113,788	180,930	286,416	
Massachusetts	56,302	89,930	142,994	226,362	
Pennsylvania	(8,271)	(13,212)	(21,007)	(33,255)	
Delaware	53,711	85,791	136,412	215,943	

Note: CTE = career and technical education. Future value calculated as the total per student cost of 4 years of obtaining a CTE-specific high school education over student career (ages 20-65). The regression-adjusted estimates of additional per pupil expenditures at CTE schools are \$3,883.30 per year in Connecticut, \$3,008.25 per year in Massachusetts, \$5,277.56 in New Jersey, -\$725.20 in Pennsylvania, and \$7,500.26 in Delaware. The non-adjusted estimates of additional per pupil expenditures at CTE schools are \$3,678.10 per year in Connecticut, \$5,440.73 per year in Massachusetts, \$6,884.15 in New Jersey, -\$799.30 in Pennsylvania, and \$5,190.26 in Delaware. Regression-adjusted estimates come from Column 4 of tables 3 and 4 and appendix tables A5, A6, and A7.

Yet, CTE can pay off even under reasonable assumptions



Note: Figure shows the difference between estimated lifetime future benefits and total estimated costs from models with and without controls when assuming an interest rate of 2%. CTE wage premium is held constant from ages 18-25 and linearly smoothed to zero by age 45.

Analyzing the Benefits and Limitations of Non-Degree Credentials: The Case of Apprenticeship in Oregon

Maura Kelly Department of Sociology Portland State University

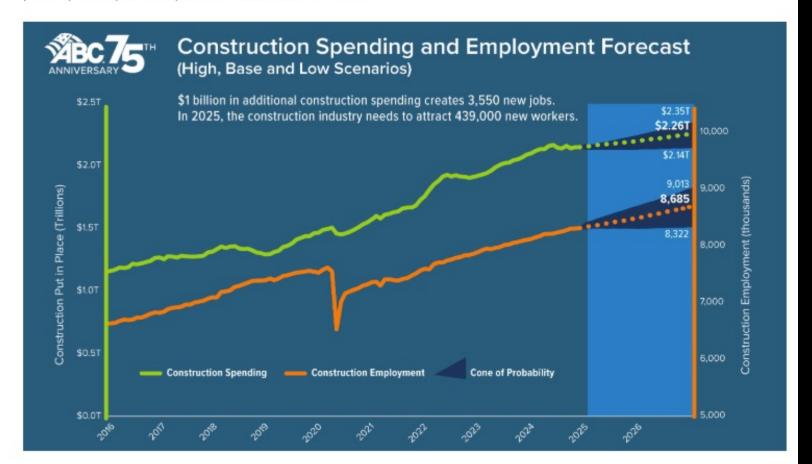
Institute for Research on Poverty July 23, 2025





ABC: Construction Industry Must Attract 439,000 Workers in 2025

WASHINGTON, Jan. 24—The construction industry will need to attract an estimated <u>439,000 net new workers</u> in 2025 to meet anticipated demand for construction services, according to a proprietary model developed and released today by Associated Builders and Contractors. In 2026, the industry will need to bring in 499,000 new workers as spending picks up in response to presumed lower interest rates.



Non-degree credentials

"Industry certifications, apprenticeship certificates, and occupational licenses, are a key component of state economic development and credential attainment goals, helping workers obtain better jobs and serving to reconnect them to further postsecondary education and training opportunities." (Duke-Benfield 2019).

Approximately 21% of US adults have non-degree licenses or certifications (Kleiner and Krueger 2010).

Those with credentials earn approximately 6.5% higher wages compared to those who do not have credentials (Gittleman, Klee, and Kleiner 2017).



Image: COAT Flagging

Credentialization

The way workforce development has started incorporating credentials as a way to ensure training in work related skills, increase wages for specialized skills (Drange and Helland 2019; Dill et al 2022).



Image: Oregon Tradeswomen

Registered apprenticeship in Oregon

- Healthcare (i.e. medical assistant)
- Information technology (e.g. IT support professional) *inactive*
- Construction (e.g. carpenter)
- Manufacturing (e.g. machinist)
- Utilities (e.g. line repairer)
- Other (e.g. bus technician)

Credentialization

Benefits

- Less costly training
- Less time intensive training
- More specific job relevant skills
- Employability
- Higher wages
- Benefits and retirement
- Prestige

Limitations

- Restricts entrance into specific occupations through limiting access to these training opportunities
- Workers from marginalized groups may not have the same access to these opportunities
- Some credentialing programs can be costly and/or time intensive

Method

- Oregon Bureau of Labor and Industries' (BOLI) Oregon Apprenticeship System (OAS) has information on all registered apprentices in Oregon
- Analysis includes ten types of apprenticeship programs selected for variation in:
 - Industry (construction, manufacturing, utilities, healthcare, and other)
 - Union affiliations (union, non-union, and mixed)
 - Journey level wages (hourly pay after completing apprenticeship)
 - Length of apprenticeship (two year, four year)
- N = 1588 apprenticeship agreements

Characteristics of selected apprenticeship programs, 2022 Oregon Apprenticeship System data

Apprenticeship programs (SOC code)	Industry	OTJ hours required	Journey level wage rate	Number of apprentices in the cohort
Elevator Mechanic, union (47-4021)	Construction	8,000	59.95	44
Lineworker, union (49-9051)	Utilities	7,000	52.96	19
Exterior/Interior Specialist Carpenter, union (47-2081)	Construction	8,000	43.59	268
Inside Electrician, non-union (47-2111)	Construction	8,000	41.63	677
Heavy Duty Bus Mechanic, union (49-3031)	Other	2,000	37.02	21
Limited Maintenance Electrician, mixed (49-9071)	Manufacturing	4,000	31.74	91
Industrial Maintenance Millwright, mixed (49-9041)	Manufacturing	8,000	29.08	104
Roofer, union (47-2181)	Construction	4,000	30.05	213
Laborers, non-union (47-2061)	Construction	4,000	26.24	90
Medical Assistant, non-union (31-9092)	Healthcare	2,000	20.30	61

Findings

Workers, particularly those from marginalized groups, face challenges accessing apprenticeship and experience low completion rates

Workers who complete apprenticeship programs enjoy high hourly wages

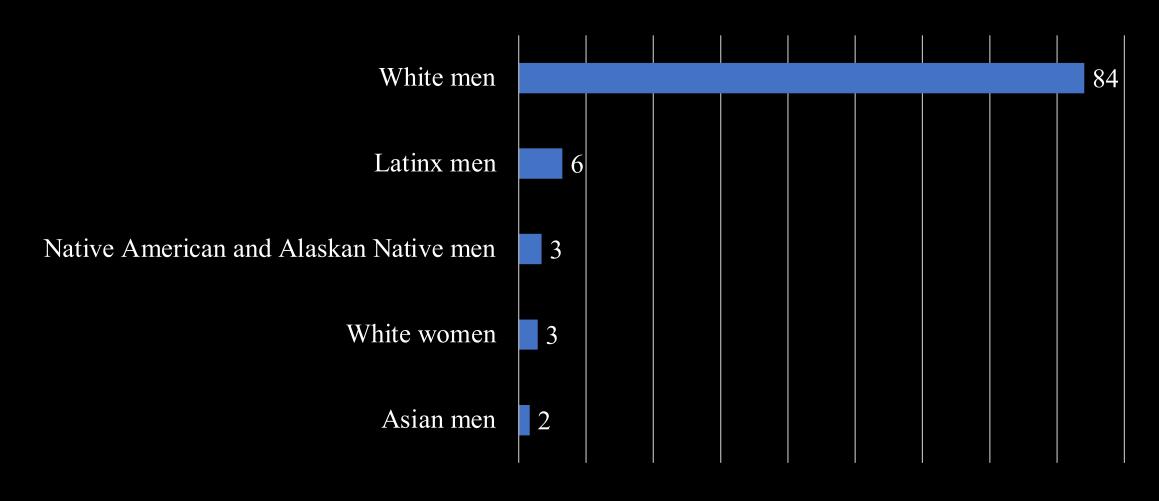


Image: New York Post

Characteristics of selected apprenticeship programs Oregon Apprenticeship System data (OAS)

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Race and gender demographics of the 2014-2015 cohort of non-union inside electrician apprentices (OAS)

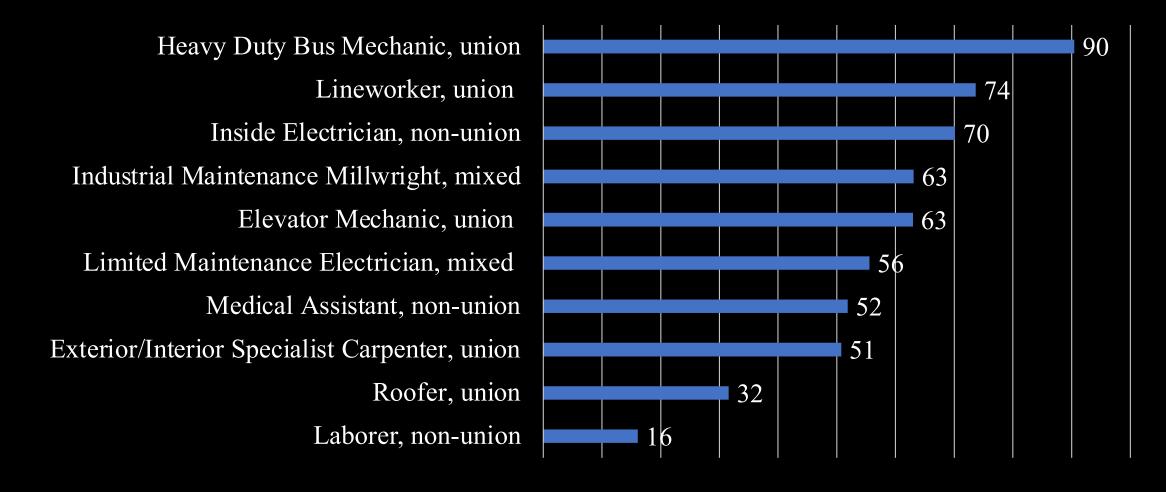


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Challenges competing apprenticeship

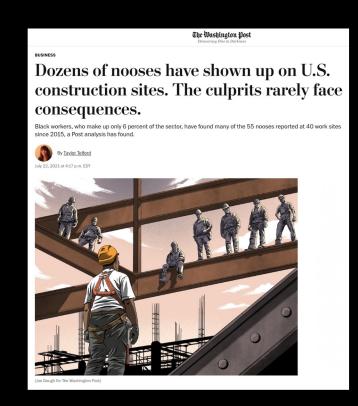
Completion rates for selected apprenticeship programs (OAS)



Other PSU research on retention in construction apprenticeships

Reasons for leaving apprenticeship (PSU 2022 survey of apprentices)

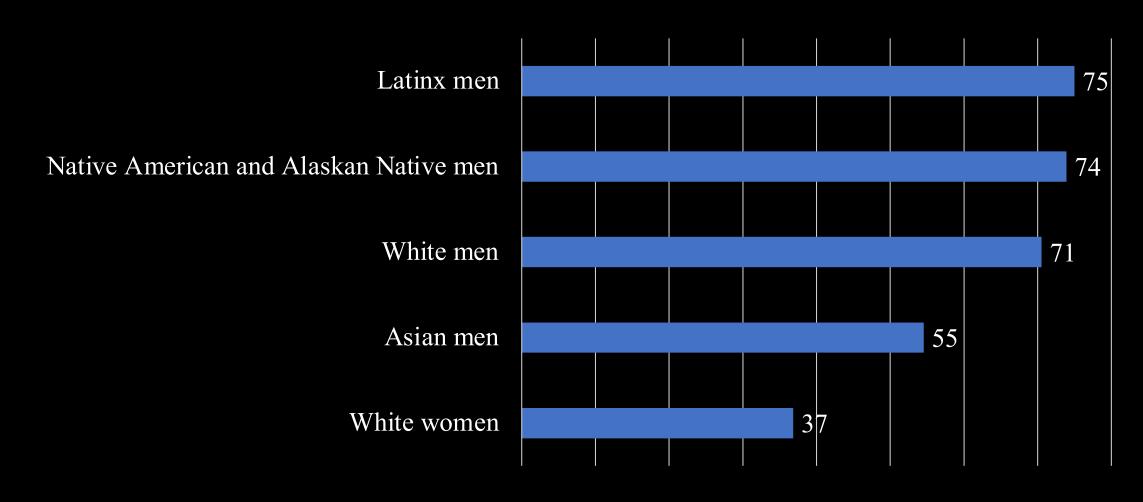
- Job site culture
- Bring out of work too much
- Poor training on the job or in the classroom
- Illness, injury, or concerns about safety



Experiences of harassment on the job (PSU 2020 interviews)

- I would say the hardest part [of my apprenticeship] was racism (Black man apprentice).
- There's some guys out there that really hate women and it's dangerous (white woman apprentice).

Completion rates for the 2014-2015 cohort of non-union inside electrician apprentices, by race and gender (OAS)



Characteristics of selected apprenticeship programs Oregon Apprenticeship System data (OAS)

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Earnings after apprenticeship

Discussion

REGISTERED APPRENTICESHIP

KNOW THE BENEFITS



A PAYCHECK

Receive paid training from day one. Your paycheck will increase over time as your skills improve.



HANDS-ON TRAINING

Get practical, on-the-job experience from experts in your field and in a variety of programs.



AN EDUCATION

Take classes in your field that are relevant to your job and can be applied to a degree or certificate.



A CAREER

Apprenticeship can pave the way to a fulfilling, long-term career with little or no debt.



NATIONAL CREDENTIAL

At the end of your program you will receive a credential that is recognized nationwide.

Image: Oregon Apprenticeship website oregonapprenticeship.org

PSU Evaluation of The ODOT/BOLI Highway Construction Workforce Development Program

- Pre-apprenticeship: four-to-nine-week classes that prepare individuals for careers in the trades
- Respectful Workplaces: Job site trainings that give tradespeople tools to address harassment on the job.
- Supportive services
 - Ready items (tools, clothing, PPE)
 - Child care subsidies
 - Assistance for travel to and from job sites and required classes
 - Hardship funds
 - Non-financial support services (e.g. social support, mentoring, budget class)



Analyzing the Benefits and Limitations of Non-Degree Credentials: The Case of Apprenticeship in Oregon

Maura Kelly Department of Sociology Portland State University

Institute for Research on Poverty July 23, 2025



From Training to Earnings: Labor Market Returns to Noncredit Workforce Programs and Industry Credentials

Di Xu and Michael Cooper, University of California, Irvine Kelli Bird and Ben Castleman, University of Virginia

July 23rd | Institute for Research on Poverty Webinar

Motivation: The Role of Noncredit CTE Programs and Industry Credentials

- Community college noncredit Career and Technical Education (CTE) programs are an important contributor to workforce development
- Distinctions from credit-bearing programs
 - **Skill based** training leading to a specific occupation (commercial truck driving, welding etc.)
 - Typically no requirements like accreditation and other college- and state-level oversights
 - Respond quickly to shifting workforce demands and employer needs
 - Many of these programs also lead to industry-recognized credentials
 - Short program duration and lower costs
- Approximately five million students enroll in community college noncredit programs nationally (<u>AACC</u>, <u>2018</u>), representing 41% of the total enrollment
- More than 2/3 of the noncredit enrollment are for workforce development
- Many are leading to industry-recognized credentials
- Limited understanding of noncredit CTE programs and industry credentials

Study Context: Noncredit CTE at VCCS



In-person and online training programs to kick-start your career

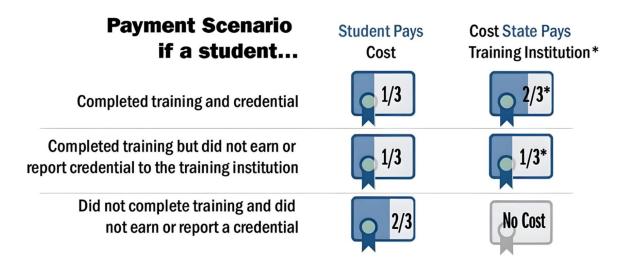
Training Takes Weeks. Not Years.

There are thousands of jobs open across Virginia, and many of these **essential fields** don't require a college degree. If you're looking for a safe, affordable job career training program, consider enrolling in FastForward.

FastForward is a short-term training program for highdemand industries, helping Virginians get **the jobs they want and the salaries they need**. Our training is offered locally through Virginia's Community Colleges.

- FastForward programs
- Short-term training (6-12 weeks)
 - Some highly enrolled programs: Commercial Driver's License, Clinical Medical Assistant, VDOT Asphalt Field Level 1 & 2,
 Certified Nurse Aide
- Leads to industry-recognized credential in a high-demand field. Some examples include
 - Certified Nurse Aide (CNA): Prepares individuals to assist patients with daily living and basic care needs
 - o Commercial Driver's License (CDL): Authorizes individuals to operate commercial vehicles
 - CompTIA A+ Certification: Validates foundational IT skills, essential for entry-level positions

Illustration of the Cost Sharing Model



- Average tuition for ⅓ was \$849 in FY2023 (<u>SCHEV</u>, 2024)
- Additional funding is available based on needs (e.g. G3, FANTIC)
- 0 cost for many low-income students!

Strong Increase in Enrollment

- State investment through WCG:
- Steady increase in enrollment: More than 13,000 enrollments in FY 2023



52,900+



Over 52,900 certificates and credentials have been awarded across Virginia's Community Colleges through FastForward since 2016.



40 in-demand careers



Our short-term career training programs prepare you for 40 great careers across seven industries in Virginia.



71% wage satisfaction



71% of FastForward graduates, on average, are satisfied with their pay post-credential.

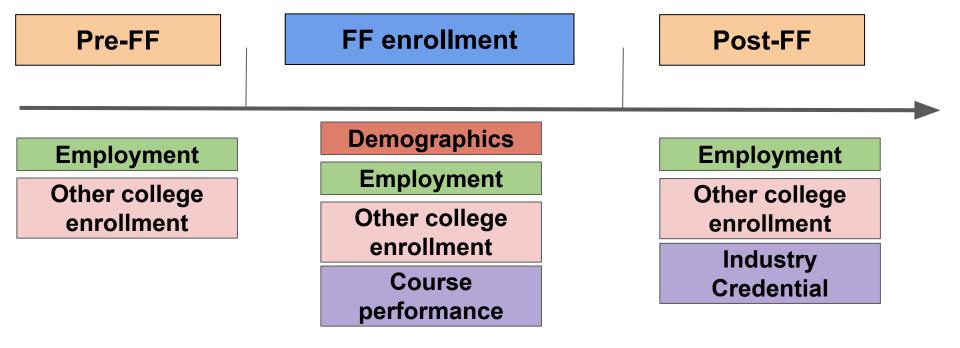


86% satisfied with job stability



Of FastForward students surveyed, on average, 86% are satisfied with their job stability post-credential.

Unique Data → New evidence on noncredit workforce training



This data structure allows us to track FastForward enrollees' academic outcomes, as well as employment and earnings trajectories

Research Questions

- Who enroll in FastForward programs and their academic outcomes?
- What are the labor market benefits of industry credential through the noncredit CTE training programs?

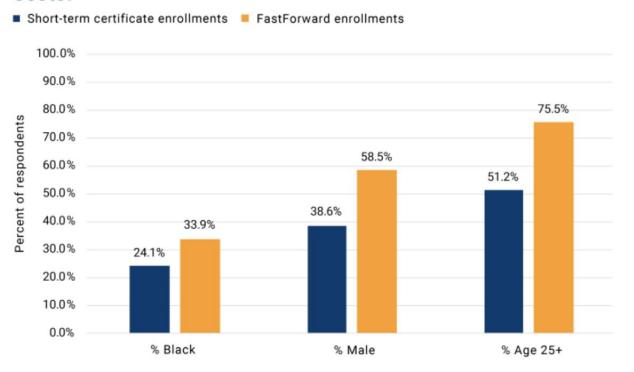
Sample

- Focus our analysis on students enrolled in FF between July 2016 and June
 2021 with at least one valid employment record in the UI data
- Focus on working-age adults (students enrolled between ages 20 and 65)
- Earnings outcomes are measured in real dollars in 2022
- Top and bottom code earnings
- Impose age restrictions and drop quarters in which an individual was younger than 18 or older than 65 years.
- N~750,000 earnings records for a total of approximately 26,000 unique individuals

Who enroll in FastForward programs and their academic outcomes?

FastForward programs attract and enroll a different segment of the population than credit-bearing programs

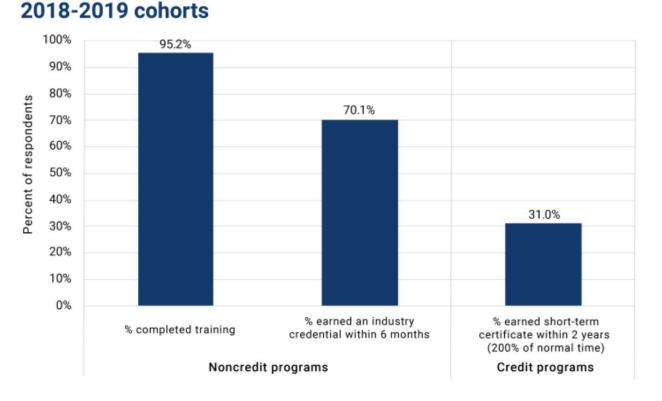
Enrollments during the fall 2018 term by noncredit and credit sector



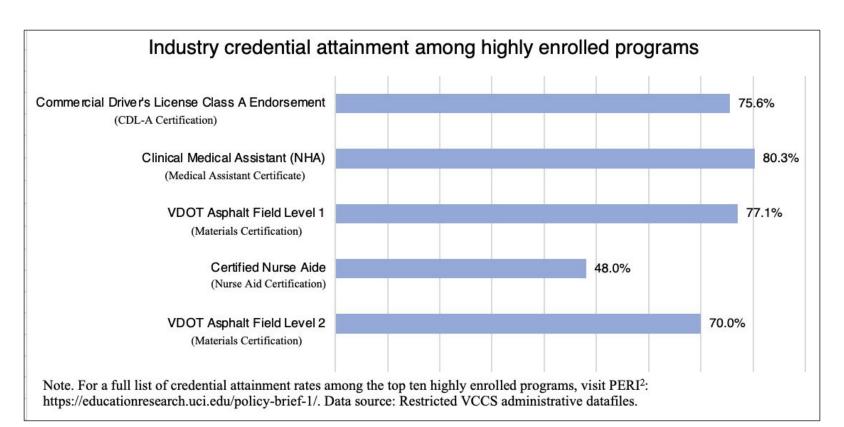
FastForward program completion and industry credentialing rates are high

FIGURE 3

FastForward completion and industry credential rates of fall

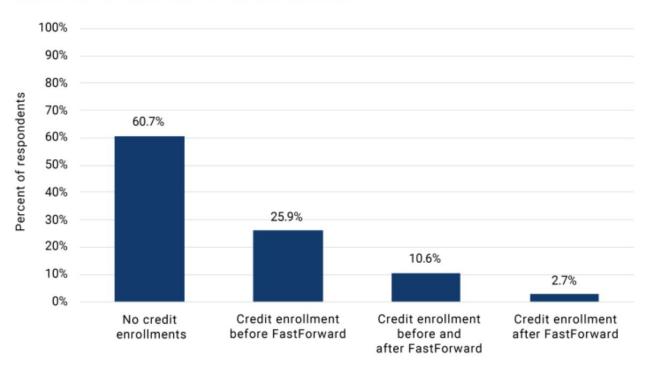


Credential Attainment: Variation across Programs



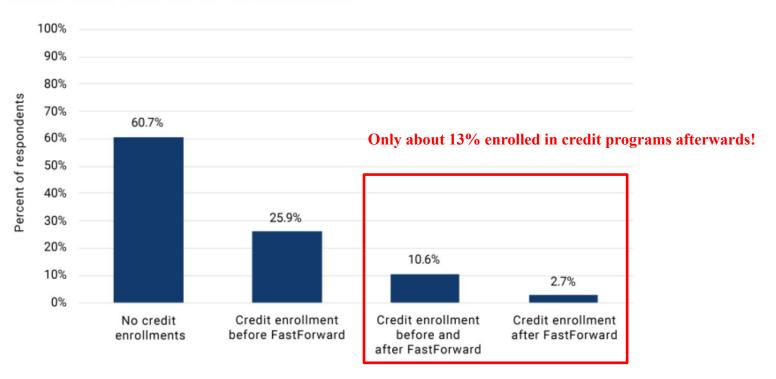
We observe little flow from FastForward to the credit-bearing sector

Matriculation to the credit sector among students in the 2016-2017 and 2017-2018 cohorts



We observe little flow from FastForward to the credit-bearing sector

Matriculation to the credit sector among students in the 2016-2017 and 2017-2018 cohorts

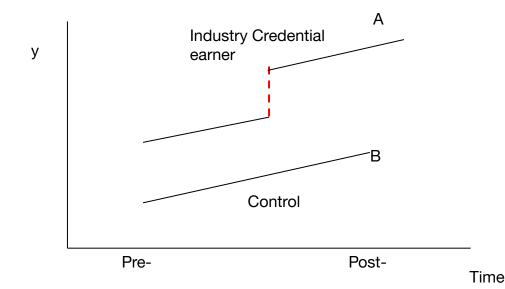


What are the labor market benefits of earning an industry

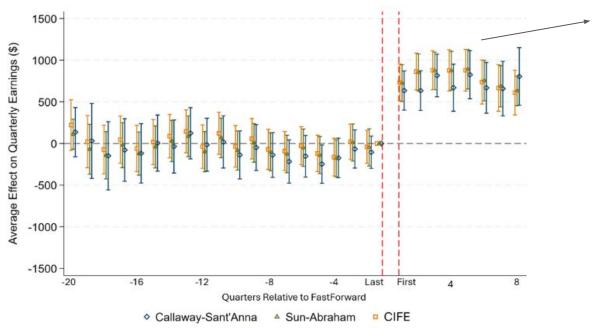
credential through the FF program?

Methodological Approach

- Method: Comparative Individual Fixed Effects (CIFE)
- What does it mean?



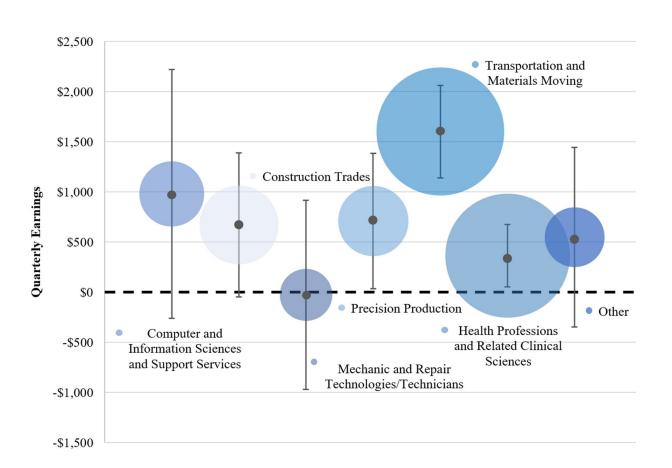
Event Study: Credential Effect on Earnings



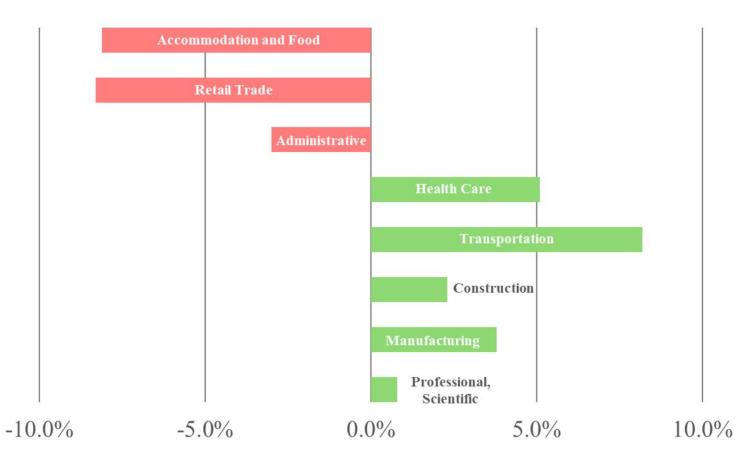
Note: Each point shows an effect estimate at each quarter relative to FastForward Enrollment with "Last" representing the last quarter before enrollment and "First" representing the first quarter after exit. Alternate estimators (Callaway and Sant'Anna, 2021 in blue and Sun and Abraham, 2021 in green) are shown alongside the results of the comparative individual fixed effects model (CIFE). Quarters are binned at five years before FastForward enrollment and the two years after FastForward exit for the Sun-Abraham estimator and the CIFE estimator. All estimators compare to a "never treated" control group of students who completed FastForward training but did not earn a credential.

An average quarterly return of 817 dollars

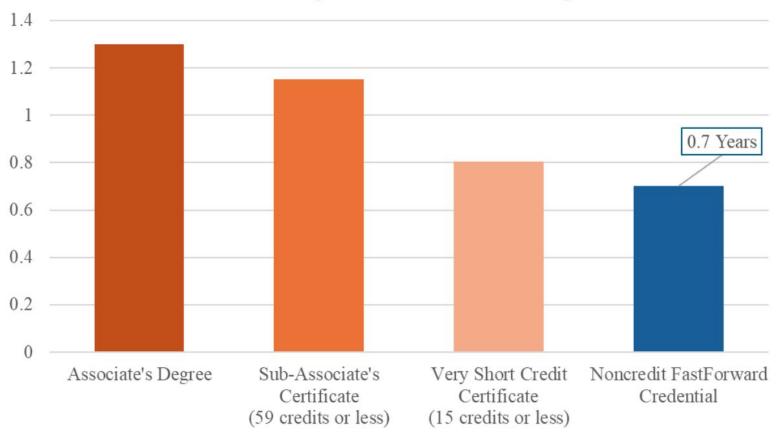
Heterogeneous Returns to Industry Credentials by Field of Study



Impact of Industry Credential on Industry Mobility



Years until Earnings Gains Exceed Program Costs





EdWorkingPaper No. 24-959

Noncredit Workforce Training, Industry Credentials, and Labor Market Outcomes

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Irvine

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Many public workforce training programs lead to industry-recognized, third-party awarded credentials, but little research has been conducted on the economic benefits of these credentials in the labor market. This paper provides quasi-experimental evidence on the labor market returns to industry-recognized credentials connected to community college workforce noncredit training programs. Based on novel data that includes approximately 24,000 working-age adults enrolled in noncredit workforce training programs at the Virginia Community College System, we employ a comparative individual-level fixed effects model to estimate earnings premia net of fixed attributes and earnings time-trends. Our results indicate that earning an industry-recognized credential, on average, increases quarterly earnings by approximately \$1,000 and the probability of being employed by 2.4 percentage points, although there is substantial heterogeneity in economic return across different program fields. Back-of-the-envelope calculations suggest that the earnings gains associated with the industry credential obtained through the noncredit workforce training would exceed program costs in just over half a year on average.

Link to the paper: https://edworkingpapers.com/ai24-959

Thank You!

Please feel free to send an email to dix3@uci.edu
if you have any questions!

Bonus Slides

Table 2. Estimated Effects of Attaining an Industry Credential on Employment and Earnings based on Different Samples

	Different Samples			
	A (Full Sample)	B (Restriction on Employment)	C (Restriction on for-credit)	D (Both Restrictions)
Outcomes:	10.50		19 23322	
Earnings Conditional on	\$817.50 ***	\$805.80 ***	\$867.40 ***	\$868.60 ***
Employment	(112.2)	(118.1)	(117.0)	(122.8)
Probability of Employment	0.012 *		0.012	
	(.007)		(.007)	
Sample Restrictions:				
At least one post-FF quarter with nonzero earnings		Yes		Yes
At least 8 quarters from 3y pre-FF with nonzero earnings		Yes		Yes
Exclude those with a credit award earned before starting FF			Yes	Yes
Observations				
Average Earnings before FF (s.d.)	\$8,639	\$9,496	\$8,758	\$9,602
	(7,168)	(7,247)	(6,951)	(7,384)
Number of Unique Students	25,715	20,262	23,154	18,328
N for earnings conditional on employment	590,404	518,278	513,254	453,205
N for employment	759,415		657,580	