



# Supporting Engaged Fatherhood and Family Wellbeing: The Role of Policy From the Community Level to the Federal Level

November 29, 2023

Webinar begins at 1pm EST/12pm CST/11am MST/10am PST

### Overview of Presentation

#### What does the research tell us?

- Dr. Tova Walsh, Sandra Rosenbaum School of Social Work, University of Wisconsin— Madison
- Dr. David Pate, Jr., School of Human Ecology, University of Wisconsin–Madison

### Policy at the community level

 Mr. Darryl Davidson, Director of the Milwaukee Fatherhood Coalition and the City of Milwaukee Community Engagement and Achievement Collaboratives

### Policy at the federal level

 Congressman Jimmy Gomez (CA-34), Founder and Chair of the Congressional Dads Caucus

### Questions and discussion

## Why focus on fathers?

- Fathers play a key role in the health and well-being of children and families
  - Child development across the lifecourse
  - Co-parent well-being and parenting

- Including fathers is a matter of equity
  - Barriers especially for fathers who have low income, minoritized, unmarried
  - Service systems frequently do not recognize or engage men in their role as a parent

# Locating Fathers in Maternal and Child Health

### Research with expectant and new parents

- Mothers and fathers want and expect fathers to be involved in prenatal and pediatric care
- Fathers are increasingly involved in pregnancy, prenatal and pediatric healthcare
- Participation is highly meaningful to fathers
- Dual role as parent and partner
- Some fathers feel marginalized or uncertain of how to engage
- Fathers identify specific knowledge needs
- Black mothers and fathers identify a key role for fathers as partners and advocates in confronting racism in healthcare

## Policy implications

- Consider and include fathers in assessing and defining maternal and child health priorities
- Promote inclusion of fathers in child and family services, ensuring fathers' needs are considered in policy and program development
- Invest in the necessary training and capacity building within child and family services to facilitate and strengthen fathers' engagement in services
- Establish equitable national data collection practices that are inclusive of fathers in key public health surveillance (Garfield, 2018)

# Increase support for fathers to be "a *presence*, not just a provider"

# Fathering young children through the pandemic

This study aimed to better understand the specific experiences of low-income and noncustodial fathers – a group of parents often marginalized or overlooked in both research and practice – parenting infants, toddlers, and young children during the pandemic.



# One key finding and policy implications

The pandemic as a time of discovery

I'm a father of four... [my youngest is] a pandemic baby. Uh, as far as my children I, maybe I didn't realize how they wanted the power of my presence. Uh, so I, before the pandemic... I woke up at 6 o'clock in the morning, [straight to work and] I was at work to 7 at night... Uh, since the pandemic... now I work from home. And to just watch how happy they are because I'm home, kind of gives me joy.

# How can we support fathers to be the parents and coparents that they want to be?



### State level policy to support engaged fatherhood



https://www.frpn.org/fatherhood-policy

### Thank You!

#### **Tova Walsh**

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#### Photo credit:

Alameda County Father Corps' Fatherhood Photo Bank

https://www.diversityoffatherhood.com/





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