

# Financial Security: How to Measure it and Why it Matters for Families

J. Michael Collins and Caroline Ratcliffe

Hosted by Steve Cook

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Webinar begins at 1:00 p.m. CDT/2:00 p.m. EDT





## J. Michael Collins

Faculty Director, Center for Financial Security  
Associate Professor, La Follette School of Public Affairs,  
University of Wisconsin–Madison



## Caroline Ratcliffe

Senior Fellow, Urban Institute

# Studying the Financial Security Of Low-Income Families

J. Michael Collins  
University of Wisconsin-Madison



**Poverty and Policy Webinar Series**

therapy credit

coaching empowerment

finance planning counseling  
economic capability housing  
literacy competence

behavioral education

inclusion financial

development

# Common Goal

- Help people be “better off”
  - Independence
  - Control
  - Stability
  
- How can people better manage the resources they have to reach a higher level of **well-being**?



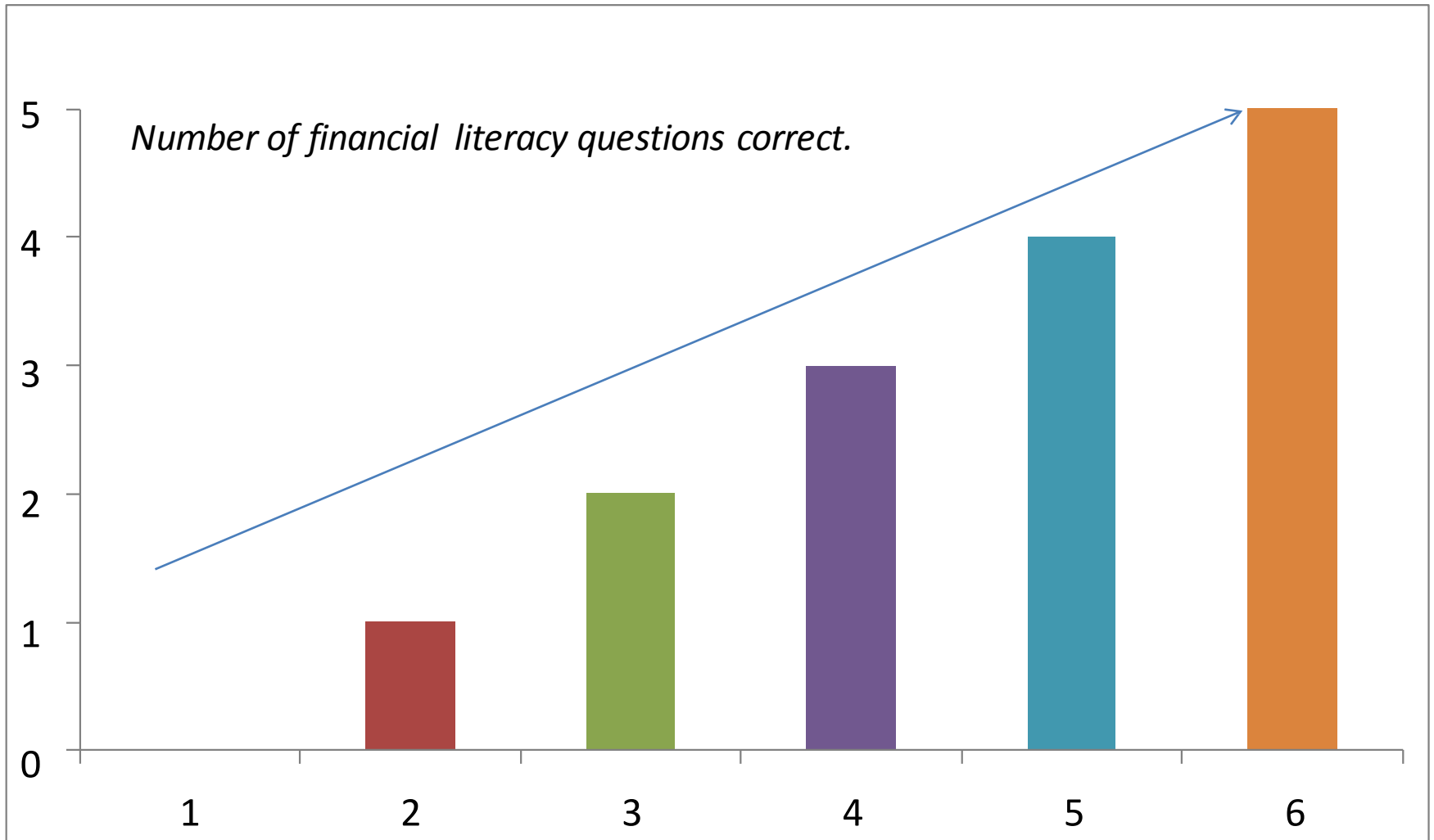
# Ideal Outcomes



- Develop **stronger financial skills**
- **Empower to adapt** to new economic contexts
- Increased **self-efficacy and self-control**
- **More focused attention** and reduced inattention
- Support planned, **goal-driven** financial behaviors

# People with More Financial Knowledge Seek Advice

*Advice on debt, taxes, investment, insurance in last 5 years*



Source: Tabulations of FINRA National Financial Capability Survey

## Information Models

- Disclosures
- Print/Web
- Interactive Web
- Workshops
- One:One

## Advice Models

- Technical expert (credentialed)
- Transactional guide (may have sales focus)
- Counseling (acute problem solving)

## Mechanism Models

- Defaults
- Automatic Deposit
- Product constraints



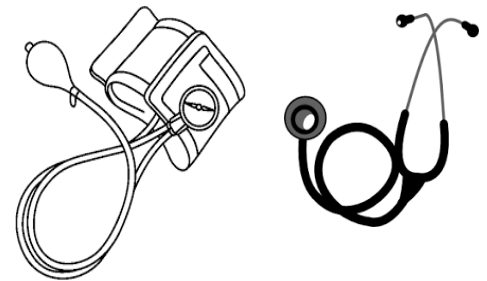
# Central Challenge for Financial Capability Field

1. What are the outcomes?
2. What is the return on investment?  
...costs and benefits



# What Are the Outcomes of Financial Capability Interventions?

- Standardized measures?
  - Health care, public health, nutrition
    - Ex. Outcomes per health care expenditure
- Financial programs use wide range of outcomes
- Common “yardsticks” will help. Two examples.
  1. Financial Capability Scale (behavior)
  2. Financial Well-being Scale (subjective)
- *Tested on 1,035 low-income respondents*



# Financial Capability Scale Self Reports of....

<u>Concept</u>	<u>Constructs Measured</u>
<b>Budgeting</b>	Signal of future orientation about money
<b>Goal Confidence</b>	Subjective capability to follow through on financial decisions
<b>Automated Deposit/Save</b>	Recognizing self-control failures
<b>Emergency Fund</b>	Anticipating financial contingencies
<b>Spending &lt; Income</b>	Signal of stability, attention and financial planning
<b>Charged Late Fee</b>	Credit management ability

1. Do you currently have a personal budget, spending plan, or financial plan?

Yes (1 point) | No (0 points)

2. How confident are you in your ability to achieve a financial goal you set for yourself today?

Not at all confident (0) | Somewhat confident (1)

Very confident (2)

3. If you had an unexpected expense or someone in your family lost a job, got sick or had another emergency, how confident are you that your family could come up with money to make ends meet within a month?

Not at all confident (0) | Somewhat confident (1)

Very confident (2)

4. Do you currently have an automatic deposit or electronic transfer set up to put money away for a future use (such as savings)?

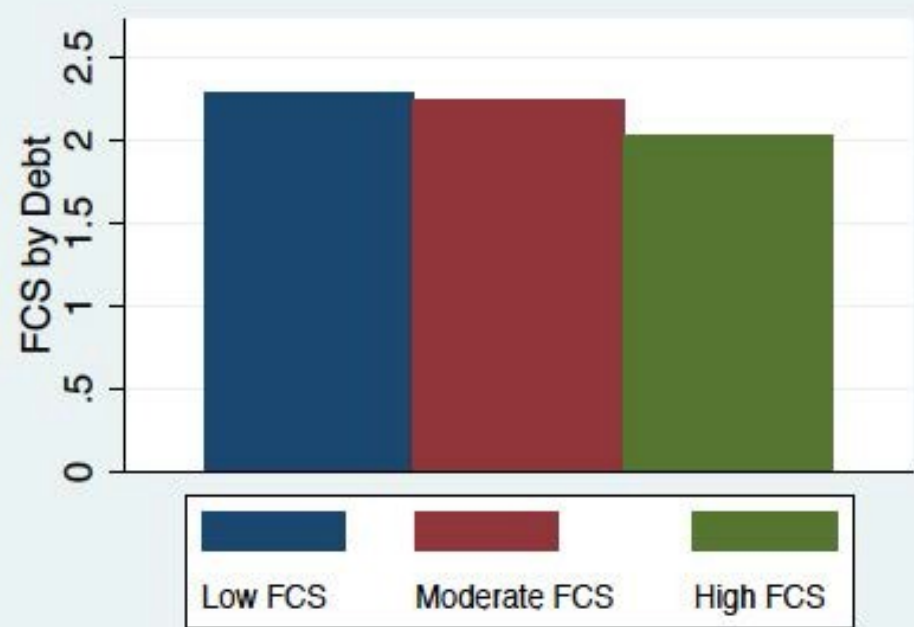
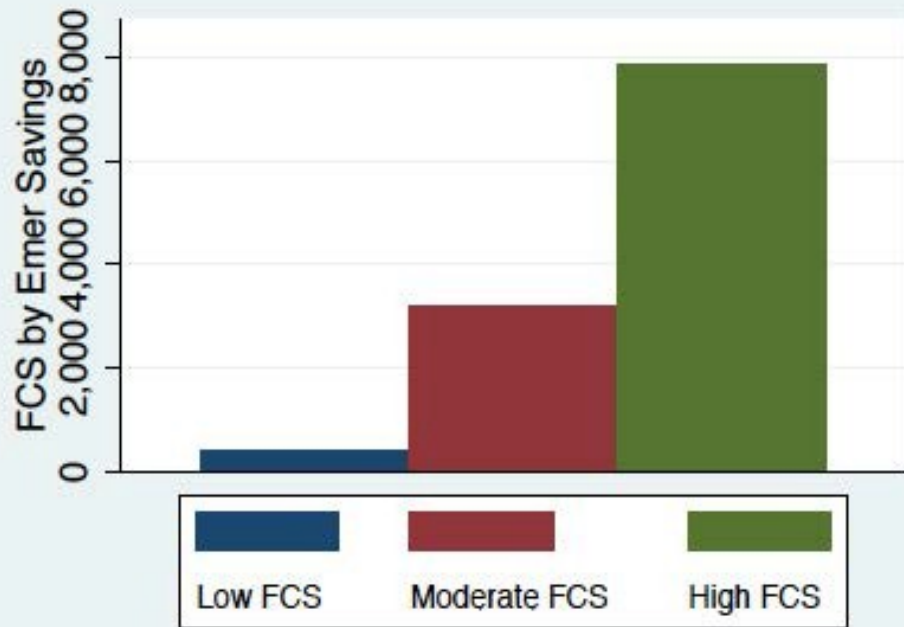
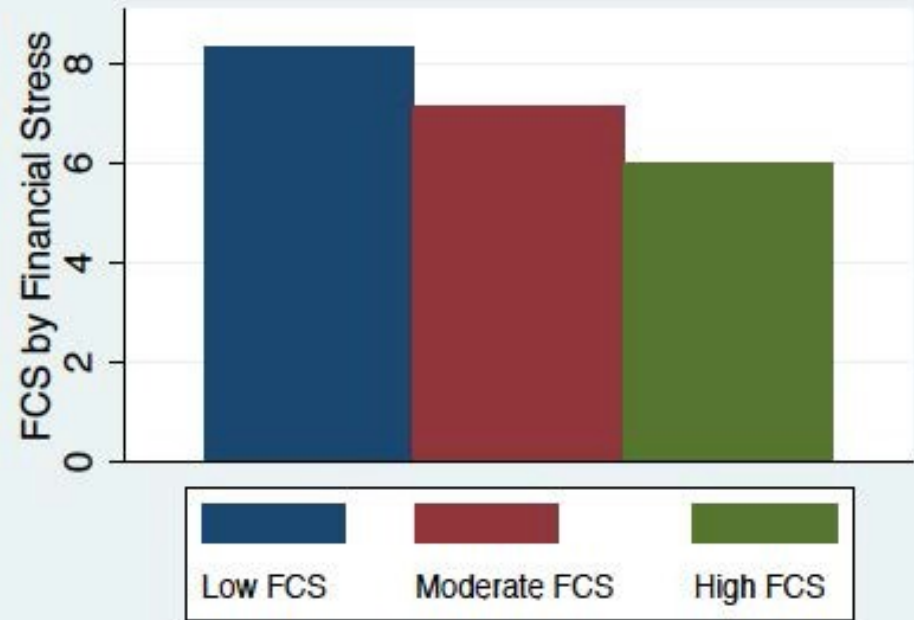
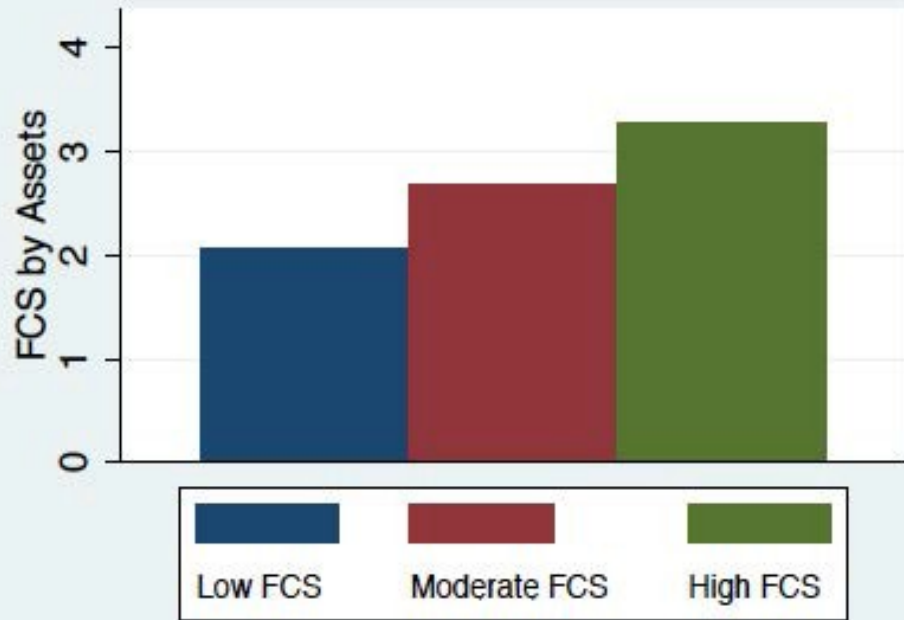
Yes (1 point) | No (0 points)

5. Over the past month, would you say your family's spending on living expenses was less than its total income?

Yes (1 point) | No (0 points)

6. In the last 2 months, have you paid a late fee on a loan or bill?

Yes (0 point) | No (1 points)



# Financial Well-being

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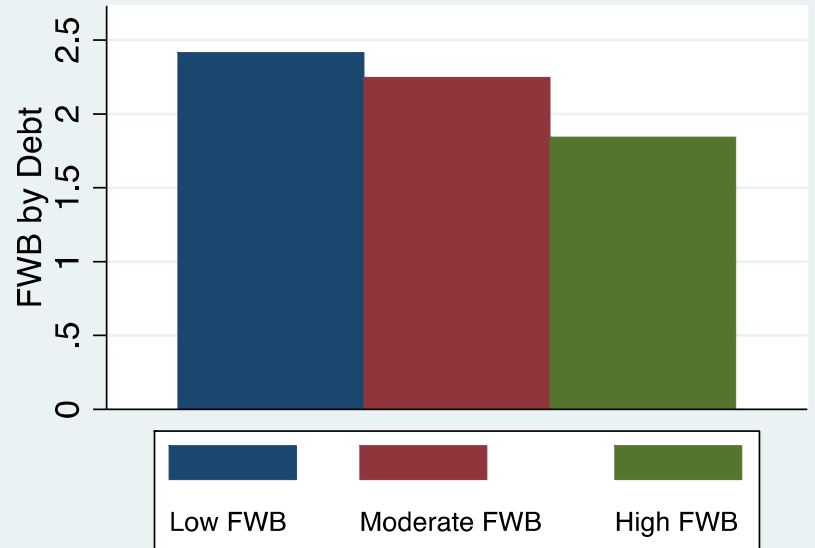
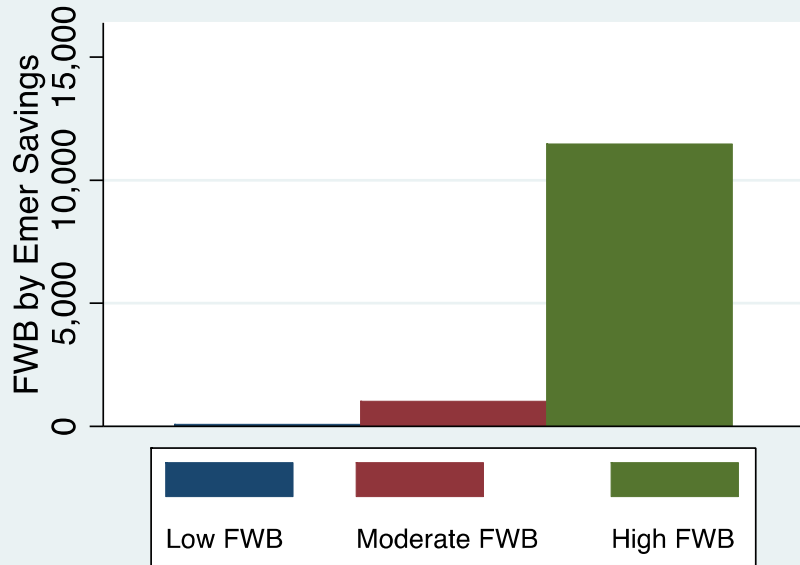
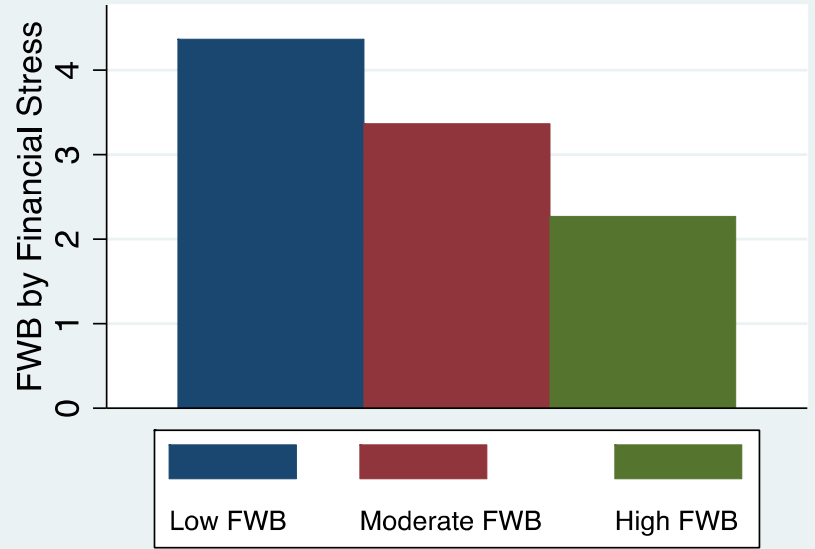
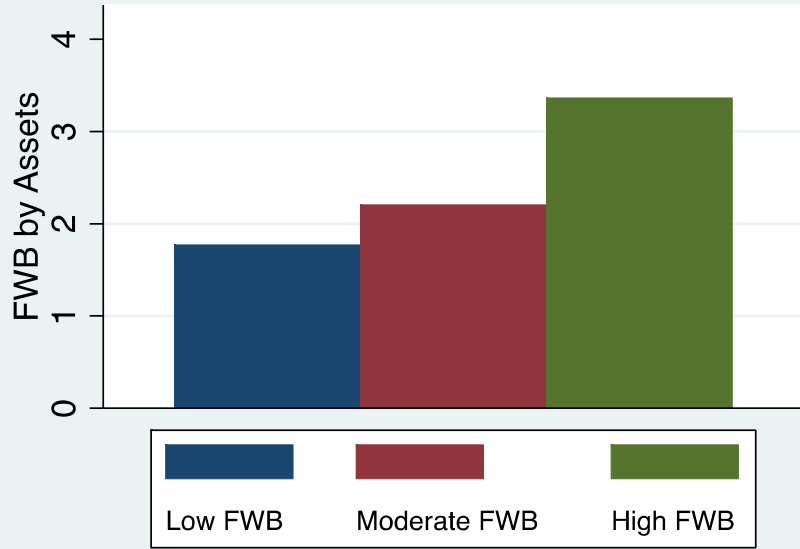
*“a state of being wherein a person can fully meet current and ongoing financial obligations, can feel secure in their financial future, and is able to make choices that allow enjoyment of life.”*

## Elements of financial well-being:

- Having control over day-to-day, month-to-month finances
- Having the capability to absorb a financial shock
- Being on track to meet financial goals, and
- Having the financial freedom to make choices that allow one to enjoy life

<i><b>This statement describes me....</b></i>	<b>Completely 5</b>	<b>Very well 4</b>	<b>Somewhat 3</b>	<b>Very little 2</b>	<b>Not at all 1</b>
Because of my money situation, I feel like I will never have the things I want in life.					
I am just getting by financially.					
I am concerned that the money I have or will save won't last.					
<i><b>How often would you say...?</b></i>	<b>Always 5</b>	<b>Often 4</b>	<b>Sometimes 3</b>	<b>Rarely 2</b>	<b>Never 1</b>
I have money left over at the end of the month.					
My finances control my life					





# Outlook



- Integrated or combined models
  - Foster care, SNAP, TANF, LIHEAP, Housing, etc.
  - Improve program outcomes via financial capability
  - Also gain financial skills
- New developments in measurement
  - Not just finances (\$)
  - Stress, health
  - Longitudinal outcomes
- Partnerships across sectors and fields
  - Collaborative models are needed

J. Michael Collins  
jmcollins @ wisc.edu  
608.616.0369

**cfs.wisc.edu**

ssc.wisc.edu/~jmcollin/

Twitter: @jmcollinswisc



# Thriving Residents, Thriving Cities: Family Financial Security Matters for Cities

*Signe-Mary McKernan, Caroline Ratcliffe, Breno Braga, and Emma Kalish  
Presented by Caroline Ratcliffe*

Institute for Research on Poverty and Urban Institute Poverty and Policy Webinar Series

# Motivation and research questions

- Economic health of communities depends on the financial health and stability of residents
- Examine relationship between family financial health—measured by savings and debts—and four outcomes that matter for cities:
  - Ability to pay rent /mortgage, ability to pay utility bills, eviction, benefit receipt
- Examine family financial health in the face of three income disruptions:
  - Involuntary job loss, health-related work limitation, income drop of at least 50%
- Two key research questions:
  - Is increased financial health associated with decreased financial hardship?
  - Is increased financial health associated with reduced reliance on public benefits?

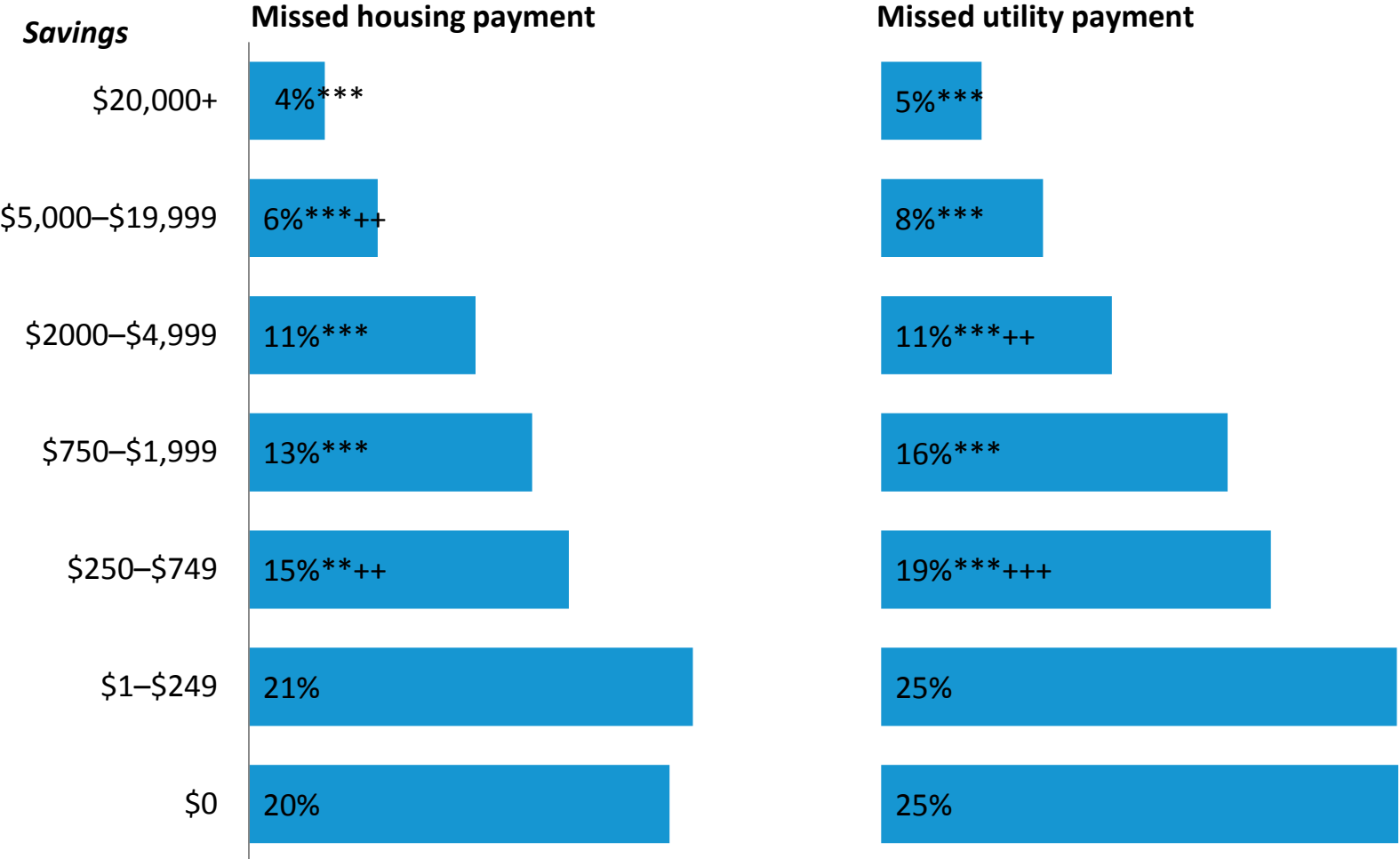
# Why family financial health matters to cities

- City budgets rely on tax revenue
  - Property taxes and sales taxes accounted for 47% and 11% of local revenue in 2012
- When families can pay rent or mortgage, more likely to pay property taxes
- When utilities city-owned, non-payment of utility bills reduces revenue
- Evictions can lead to homelessness, increasing shelter costs for cities and potentially disrupting children's education
- Families may turn to public benefits

# Approach

- US Census Bureau Data
  - Survey of Income and Program Participation (SIPP)
- Examine families over time
- Savings and Debt
  - Nonretirement savings:
    - Savings/checking accounts, money market accounts, savings bonds, mutual funds
  - Unsecured debt:
    - Credit card debt, installment loans, and student loans
    - Excludes debts that can be paid off by selling the asset securing it (e.g., vehicle loans and mortgages)

# Families with even small savings less likely to experience hardship



\*\*/\*\* Savings category differs significantly from \$1–\$249 at the 0.05/0.01 level.

++/\*\* Category differs significantly from previous category at the 0.05/0.01 level.



# Families with debt not worse off after income disruption

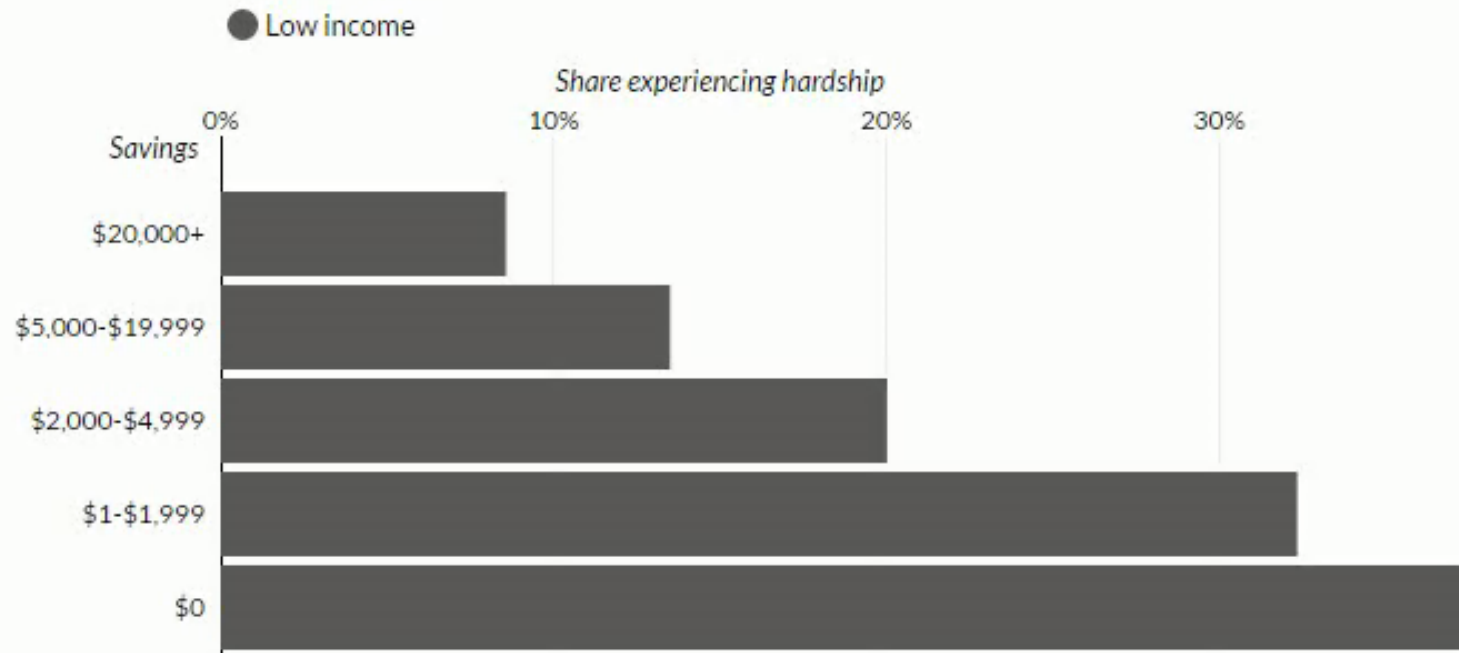
- No significant evidence that families with more unsecured debt experience greater hardship when an income disruption occurs
- Families with unsecured debt are less likely to receive public benefits
  - 31% of families with no debt receive public benefits, compared with 25% of families with \$1-\$1,000 in debt
- Unsecured debt is related to access to credit, so families with debt can be more advantaged than families without debt

# Some cities help families repay delinquent debt

- Local Interventions for Financial Empowerment through Utility Payments (LIFT-UP) pilot
- Five cities:
  - Houston (TX), Louisville (KY), Newark (NJ), Savannah (GA), and St Petersburg (FL)
- 20-48 percent of municipal water utility customers were in debt to the city
- Customer debt payments restructured; financial coaching provided
- Early results promising: repayment of debt and reduced termination of services

# Savings is important for all families

Low-income families experience some hardship after an income disruption, but more savings help lessen the blow.

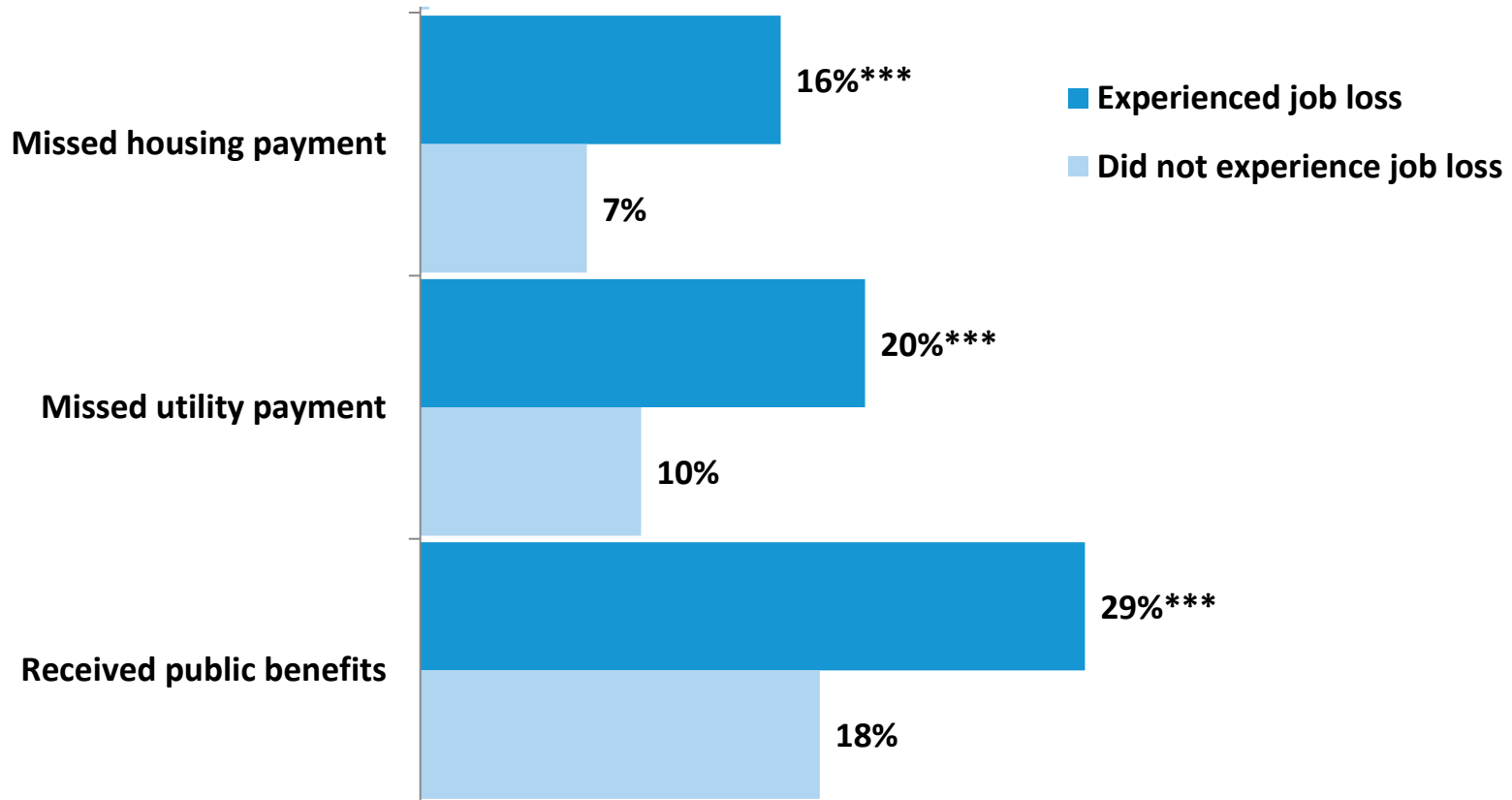


# Income disruptions happen often

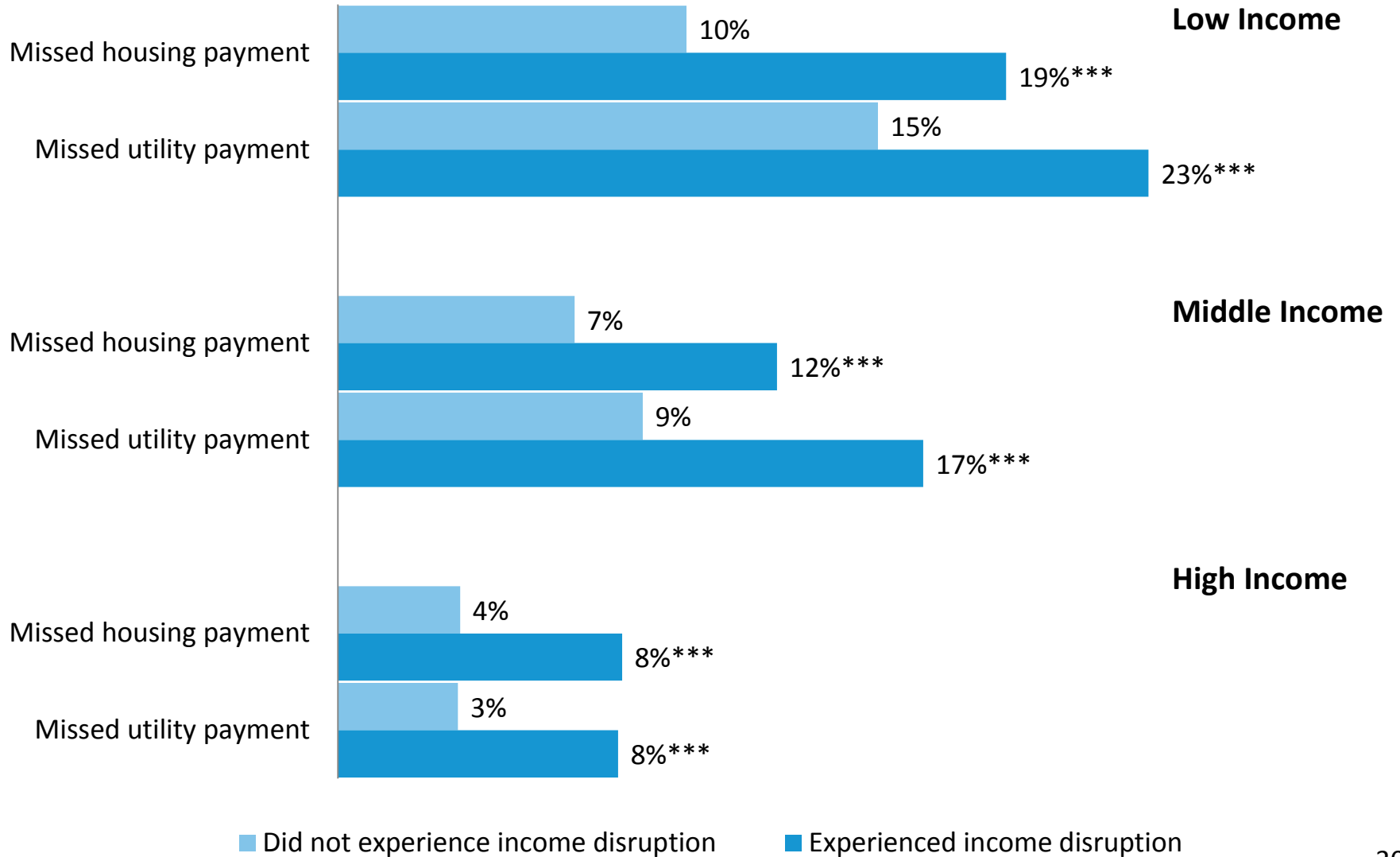
## Share of Families with an Income Disruption over a Year

Income disruption	Share of families
Involuntary job loss	6%
Health-related work limitation	5%
Income drop of 50 percent or more	18%
Any of three disruptions	26%

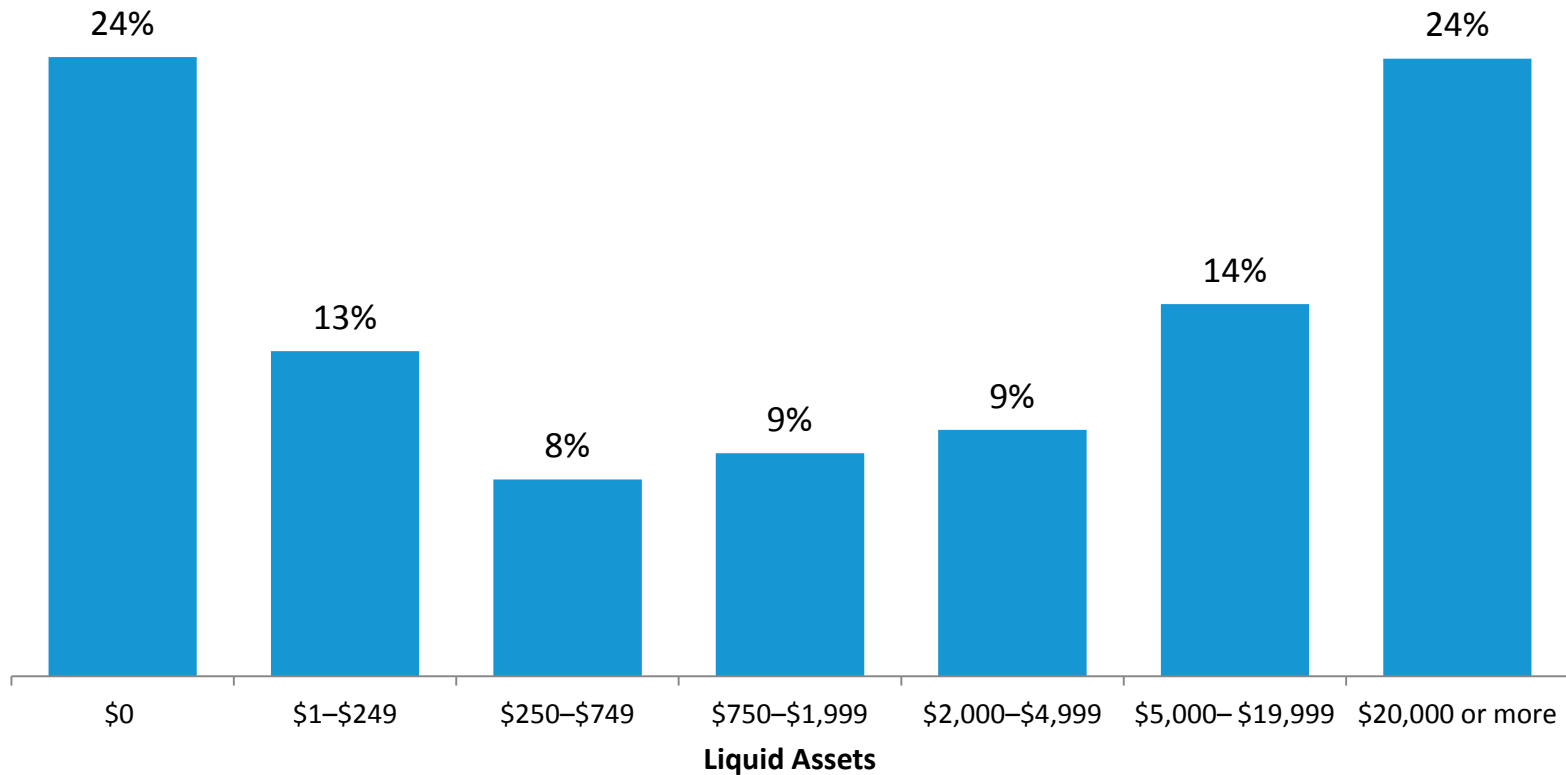
# Income disruptions are linked to greater hardship and higher use of public benefits



# Instability is not only an issue for low-income families



# Many families are not prepared to weather income disruptions



# Summary and implications

- Families with a small amount of savings are less likely to experience a hardship or receive public benefits when income disruptions occur
- Savings matter beyond income
  - Low-income families with \$2,000-\$5,000 in savings are better off than middle-income families without savings
- Many families have only a small financial cushion
- Steps to improve family financial health can improve city financial health
- Cities have been using several approaches to address family financial health, many which are integrated into other programs and services
  - Financial counseling integrated into workforce development, housing services, homelessness and foreclosure prevention, and domestic violence prevention
  - Matched savings at tax time, children's savings accounts (CSAs), and individual development accounts (IDAs)



Learn more

## RESEARCH BRIEF

### **Thriving Residents, Thriving Cities: Family Financial Security Matters for Cities**

<http://www.urban.org/research/publication/thriving-residents-thriving-cities-family-financial-security-matters-cities>

## INTERACTIVE FEATURE

### **Why Cities Should Care About Family Financial Security**

[www.urban.org/features/why-cities-should-care-about-family-financial-security](http://www.urban.org/features/why-cities-should-care-about-family-financial-security)

# Q & A

Please submit questions in the Q & A box at the bottom of your screen.

Thank you!

# Our Next Webinar

How Economic and Social Disadvantage affects Health and Life Opportunities

Geoffrey Swain, Sheri Johnson, and Katie Ports

June 8, 2016

1–2 pm CDT/2-3 pm EDT

Registration is open at

[http://irpwisc.formstack.com/forms/june\\_8](http://irpwisc.formstack.com/forms/june_8)